## Flax VNS

Flax is a great option to add into your crop rotation. Flax can be used as a cover crop mixture component to help make silica available in the soils. Flax is also grown for the fiber and grain markets.

Flax prefers to be grown in alluvial, deep loams containing lots of organic matter. Avoid heavy clay, and sandy soils.

Flax that is harvested for fiber production can take place after about 100 days, or a month after the plants flower and two weeks after the seed capsules form. Allow plant to turn brown for best fiber quality.

## At A Glance:

## Key Features:

- Helps with silica availability
- Excellent for cover crop mixtures
- Grown for fiber and grain markets

## **Establishment:**

Seeding Rate: 35-60lbs per Acre Seeding Depth: 3/4"- 1 1/2"

Seeding Time: Earlier Spring Plantings, such as oat planting window.



Forage Tech Sheet



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